



# Clara Martin Center

## “People Helping People”

As we reflect on the past year we are reminded of all of the people we have touched in our local communities and of the privileges that are entrusted to us to care for the emotional well being of so many. Our amazing and talented staff rise to the challenge year after year to respond to countless requests for assistance in coping with both, the long standing issues and the unexpected events that happen in our daily lives. As has been the trend in recent years, we managed to heed the call again by doing more with less. Our budget was cut by the State once again this year and with each reduction of funding, we weighed our needs and our priorities to keep our eye focused on our mission and to the people we are dedicated to serving in the greater Upper Valley Region and beyond.

In 2010 we continued our focus on quality and the continued expansion of proven clinical interventions that are recognized as best practices in the field of mental health and substance abuse treatment. We have developed these evidenced based best practices in our Children’s Services Division with the use of programming to strengthen resiliency in children and their families through the use of the Strengthening Families program. Our use of the Attachment, Self Regulation and Competence (ARC) program supports kids in their recovery from significant traumatic events. We are supporting our older youth to transition successfully to adulthood through various transition, employment readiness & related vocational programs. At our East Valley Academy we expanded our Adventure Based Learning programming and added a new option called “First Ascent” for students in need of brief intensive interventions. This new program has been extremely popular and has become an ongoing option for referrals by our local public schools. In our Adult Services Division we offer programs that include motivational interviewing & cognitive behavioral therapies including Dialectic Behavioral Treatment (DBT) as well as Supported Employment for adults in our CRT Program. In our Substance Abuse Division we utilize the Alcohol Severity Index (ASI) as an assessment tool and we offer the Seeking Safety program for men and women dealing with both trauma and substance abuse issues. Additionally, we offer the Quitting Time intensive outpatient program at two of our locations, and we regularly use the stage of change and harm reduction models of care.

Our use of these evidence based best practices, coupled with our committed and dedicated staff, keep us focused on our mission and to our slogan of “people helping people”. We are committed to growing and maintaining our strong partnerships with our local schools, primary care offices and the many other community partners who join us in creating opportunities for children to grow up successfully and for families to thrive. We are ready to respond to the changes that will challenge us in 2011 and we will continue to uphold our reputation of serving our communities with high quality mental health and substance abuse services. That is why we are here and that is what we will continue to do in 2011.

### Board of Trustees

- Army Spahn ~ President*
- Dennis Brown ~ Vice President*
- John Larson ~ Treasurer*
- Ron Schoolcraft ~ Secretary*
- James Bulger ~ Member*
- June Phillips ~ Member*
- Marie Robbins ~ Member*
- Pricilla Spahn ~ Member*
- Rachel Westbrook ~ Member*
- Frank Roderick ~ Member at large*

### 2010 Staff Anniversaries

#### 25 YEARS

*Nancy Chamberlain*

#### 10 YEARS

*Joy Appleton*

*Krista Johnson*

*Dawn Littlepage*

#### 5 YEARS

*Michele Boutin*

*Alexis Burroughs*

*Jenni Campbell*

*Sharron Lewis*

*Jeanne McMahan*

*Renee Thayer*

*Marsha Trischman*

#### 15 YEARS

*Jeanne Crowley*

*Ruth Jameson*

*A Participating United Way Agency Providing Mental Health & Substance Abuse Services to the Greater Orange County Vermont Area*



## Clara Martin Center ~ Locations

## Financial Statement for Fiscal Year Ended ~ June 30, 2010

RANDOLPH OFFICE  
11 MAIN STREET, RANDOLPH, VT 05060-0167  
(802) 728-4466

24 SOUTH MAIN OFFICE  
24 SOUTH MAIN STREET, RANDOLPH, VT 05060  
(802) 728-6000

BRADFORD OFFICE  
1483 LOWER PLAIN, BRADFORD, VT 05033-0278  
(802) 222-4477

WILDER OFFICE  
39 FOGG FARM RD., WHITE RIVER JCT., VT 05001  
(802) 295-1311

CHELSEA OFFICE  
356 VT RTE 110, CHELSEA, VT 05038  
(802) 728-4466

SAFE HAVEN  
4 HIGHLAND AVE., RANDOLPH, VT 05060  
(802) 728-5233

EAST VALLEY ACADEMY  
P.O. BOX 237, EAST RANDOLPH, VT 05041  
(802) 728-3896

REGIONAL ALTERNATIVE PROGRAM  
NORWICH AVENUE, WILDER, VT 05088  
(802) 295-8628

**The following 2 sites are collaborative programs between  
Howard Center, Washington County Mental Health &  
Clara Martin Center**

CENTRAL VERMONT SUBSTANCE ABUSE SERVICES  
100 HOSPITALITY DRIVE, BERLIN, VT 05602  
(802) 223-4156

SECOND SPRING, D/B/A  
COLLABORATIVE SOLUTIONS CORPORATION  
118 CLARK ROAD, WILLIAMSTOWN, VT 05679  
(802) 433-6183

**24 ~HOUR EMERGENCY SERVICES HOTLINE  
1-800-639-6360**

### STATEMENT OF FINANCIAL POSITION

(UNAUDITED)

#### ASSETS

Current Assets	
Cash	\$ 1,721,060
Net Receivables	210,887
Other Current Assets	634,284
<b>Total Current Assets</b>	<b>2,566,231</b>
Net Property & Equipment	1,820,586
Other Assets	593,170
<b>TOTAL ASSETS</b>	<b>\$ 4,979,987</b>

#### LIABILITIES AND NET ASSETS (UNAUDITED)

Current Liabilities	
Accounts Payable	\$ 800,711
Deferred Revenue	31,443
Other Current Liabilities	983,311
<b>Total Current Liabilities</b>	<b>1,815,465</b>
Long Term Liabilities	1,734,933
Net Assets	
Temporarily Restricted Net Assets	51,500
Fund Balance	1,378,089
<b>Total Net Assets</b>	<b>1,429,589</b>
<b>TOTAL LIABILITIES &amp; NET ASSETS</b>	<b>\$ 4,979,987</b>

### STATEMENT OF ACTIVITIES

#### REVENUE

Consumer Fees, net	\$ 5,883,467
State Contract & Grants	525,614
Other Revenue	1,893,227
<b>TOTAL REVENUE</b>	<b>\$ 8,302,308</b>

#### EXPENSES

Salaries	\$ 4,635,567
Fringe Benefits	1,414,084
Contracted Services	523,680
Operating Expenses	603,360
Program Expenses	330,932
Travel & Transportation	183,363
Building Expenses	439,155
<b>TOTAL EXPENSES</b>	<b>8,130,141</b>

**CHANGE IN NET ASSETS \$ 172,167**

## FY2010 Consumers Receiving Services by Program

Program Name	Number Served	Number of Hours
Emergency Contacts / Walk-in Services	469	843
<b>Children &amp; Family Program</b>		
Out-Patient Services	558	16,861
JOBS Services*	63	604
School Services	146	19,292
<b>Adult Program</b>		
Out-Patient Services	746	6,707
CSP & Vocational Services**	188	19,998
Safe Haven Homeless Shelter	14	1,747
Corrections Services	131	2,790
<b>Substance Abuse Program</b>		
Outpatient Services	677	7,080
Project CRASH	353	
<b>Central Vermont Substance Abuse Services</b>	864	17,181
<b>Total Served by Program (duplicated count)</b>	<b>3,856</b>	<b>93,103</b>
<b>Total Consumers Served (unduplicated count)</b>	<b>3,301</b>	

\*JOBS is our Jumping On Board for Success program that serves the youth of our region

\*\*CSP is our community support program that serves the chronically mentally ill population