

DVAP is designed to provide education to men who have abused their partners, to motivate them to end their abuse, and to ultimately change their behavior.

#### PARTICIPANT OUTCOMES:

- Take responsibility for abusive and controlling behaviors.
  - Increase understanding of abuse as a means of controlling your partner's actions, thoughts, and/or feelings.
  - Address and confront excuses for abuse.
  - Identifying the red flags for abusive behavior.
  - Understand that abusive behavior is a choice, and you can choose different actions.
  - Learn new ways of communicating with your partner.
  - Identify cultural and social influences that contribute to abusive behavior.
  - Learn to respect the opinions and wishes of your partner.
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#### What To Expect in DVAP

- Meetings take place in a tele-health group setting for 90-minutes each week for a minimum of 26 weeks.
- DVAP is a free service funded by the State of Vermont. Participants are not expected to pay for DVAP groups or services.
- Clara Martin Center utilizes the EMERGE and ACT-V models in all DVAP groups, with facilitators trained in both curriculums.
- Educational material is presented in each group, with participants discussing their harmful behaviors, receiving feedback, completing assignments to increase self-awareness, and identifying ways to behave respectfully in their relationships.
- For more information call:  
Wilder at 802-295-1311  
Randolph at 802-728-4466



P.O. Box G  
11 North Main Street  
Randolph, VT 05060  
802-728-3896

*Clara Martin Center  
is a community based,  
non-profit organization  
providing acute and long-  
term behavioral health  
care services to the greater  
Upper Valley area.*

[www.claramartin.org](http://www.claramartin.org)




## Domestic Violence Accountability Program (DVAP)



**A program of change for men  
who have used abusive and  
controlling behaviors towards  
their intimate partners.**

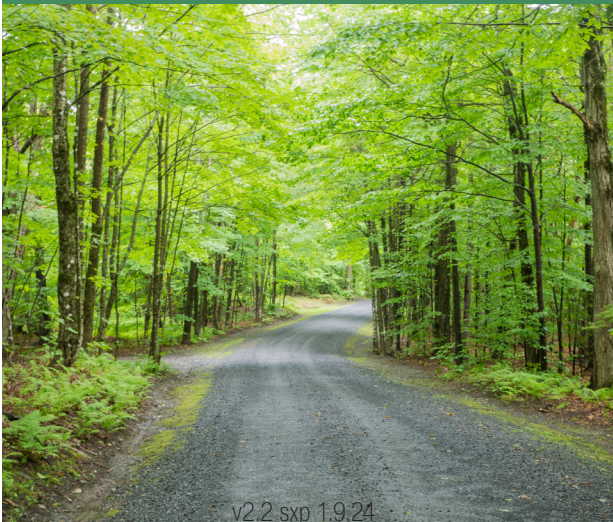




Clara Martin Center's Domestic Violence Accountability Program, or DVAP, is an outpatient educational group designed for adult men who have been abusive towards their female intimate partners.

This educational group is guided by and adheres to the statewide Standards set forth by the Vermont Coalition for Domestic Violence.

Clara Martin Center works with mandated and voluntary participants. We collaborate closely with DCF and Probation & Parole to support men in behavior change.



## What is abuse?

**If you would check yes to any of the following statements, you would benefit from attending DVAP**

- *Have you ever hit, pushed, grabbed, threatened, frightened, or intimidated your partner?*
- *Is your partner afraid of you? Are your children afraid of you?*
- *Are you concerned that your behavior is harming your relationship?*
- *Have you broken promises about changing your behavior?*
- *Have you ever punched a wall, banged a table or broken something during a disagreement?*
- *Has your partner ever said, 'you're always trying to control me'?*
- *Do you use names, put-downs or swearing to control your partner?*
- *Do you put the blame onto your partner for things you are responsible for?*
- *Have you found yourself 'keeping score' of the wrongs your partner has done to you in order to hold those things against her/him?*
- *Have you ever blamed your abusive actions on alcohol, other drugs, stress, or family problems?*
- *Have you cheated on your partner or been sexually abusive in other ways?*